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Smart Health Care Kit for Patient Monitoring Based on Arduino and Android Platform

Mrunal Umredkar[1], Prajakta Zade[2], Swejal Lanjewar[3], Samiksha Chandel[4]

Prof .RV BOBATE[5]

Student, Department of Electronics & communication, Priyadarshini College of Engineering, Nagpur, India,[1-4]

Assistant professor, Department Electronics &communication, Priyadarshini college of Engineering, Nagpur, India[5]

Abstract: This kit will help doctor and their staff to monitor their patient accurately and take decision as fast as possible to help to improve their quality of service to patients.
This system introduces a smart patient health tracking technique that utilize Sensors to track health of patience and uses wireless internet to inform their loved ones in case of any emergency or issues. Our system uses temperature as well as heartbeat sensing for monitoring the patient health. The sensors are bridge to a microcontroller to monitor the report which is in turn interfaced to an LCD display as well as WIFI connection in order to transmit issues in the particular range. If system detects any sudden changes in patient heartbeat or any sudden changes in body temperature, the system automatically alerts the end user about the patients status over IOT and also shows piece of information of heartbeat and temperature of patient live on the internet. Thus IOT based smart patient health tracking smart kit effectively uses internet to monitor health of patience stats using android platform and ardino and save lives on time.

Keywords: Smart Health care kit, Arduino, Android platform, monitoring system

I. INTRODUCTION

Our framework advances a savvy patient wellbeing global positioning framework that utilizes Sensors to follow patient wellbeing and utilizations web to advise their friends and family in the event that regarding any issues. Our framework involves temperature as well as heartbeat detecting to monitor patient wellbeing. The sensors are associated with a microcontroller to follow the status which is thusly interacted to a lcd show as well as wireless association to communicate alarms. On the off chance that framework distinguishes any sudden changes in quiet heartbeat or internal heat level, the framework consequently cautions the client about the patient's status over IOT and furthermore shows subtleties of heartbeat and temperature of patient live over the web. Consequently, IOT based patient wellbeing global positioning framework successfully utilizes web to screen patient wellbeing details and save lives on schedule.
This pack will help specialist and attendant to screen their patient precisely and accept choice as quick as conceivable to work on their nature of administration to patients.

Medical care observing framework in clinics and numerous other wellbeing communities has encountered critical development, and versatile medical care checking system with arising innovations are happening to incredible to numerous techniques overall these days. The approach of Internet of Things (IoT) innovations works with the advancement of medical services from up close and personal counselling to telemedicine. This paper proposes a savvy medical care framework in IoT climate that can screen a patient's essential wellbeing signs as well as the room condition where the patients are currently progressively. In this framework, five sensors are utilized to catch the information from emergency clinic climate named heart beat sensor, internal heat level sensor, room temperature sensor, CO sensor, and CO2 sensor. The mistake level of the created conspire is inside a specific cut-off.

Wellbeing is described as a full condition of physical, mental, and social prosperity and not only an absence of ailment. Wellbeing is a basic component of individuals' requirement for a superior life. Sadly, the worldwide medical condition has made a situation in light of specific variables, for example, chronic weakness benefits, the presence of enormous holes among rustic and metropolitan regions, doctors, and attendants' inaccessibility during the hardest time.

IoT is making any articles inside associated in the new ten years and it has been considered as the following mechanical unrest. Shrewd wellbeing checking system, brilliant stopping, savvy home, shrewd city, brilliant environment, modern locales, and agrarian fields are a portion of the uses of IoT. The most ridiculously huge utilization of IoT is in medical services the board which gives wellbeing and climate condition following offices. IoT is only connecting PCs to the

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web using sensors and organizations. These associated parts can be involved on gadgets for wellbeing checking. The pre-owned sensors then, at that point, forward the data to far off areas like M2M, which are apparatus for PCs, machines for individuals, handheld gadgets, or cell phones. It is a straightforward, energy-effective, a lot more astute, versatile, and interoperable approach to following and advancing consideration to any medical condition. These days, current frameworks are giving an adaptable point of interaction, collaborator gadgets, and psychological wellness the executives to have a brilliant existence for the individual.

Pulse and internal heat level are the two most critical markers for human wellbeing. Pulse is the per-minute measure of pulses, usually known as the beat rate. To gauge the beat rate, an expansion in the blood stream volume can be utilized by working out the beats. Typical pulse ranges somewhere in the range of 60 and 100 beats each moment for solid individuals. The average soothing heart for grown-up guys is around 70 bpm and for grown-up females 75 bpm. Female with 12 years old or more, normally have higher paces of heart conversely, with guys. The temperature of human body is basically the hotness of body and the amount of hotness emanated by the body not entirely settled. The normal individual's internal heat level depends on various factors like encompassing temperature, the individual's orientation, and his dietary patterns. In sound grown-ups, it is probably going to go between 97.8 °F (36.5 °C) and 99 °F (37.2 °C). Various factors like influenza, low-temperature hypothermia, or some other sickness might prompt an adjustment of internal heat level. In practically all ailments, fever is an average marker. Different strategies exist to intrusively and harmlessly evaluate the pulse and internal heat level. For the customer, harmless methodologies over some times have demonstrated precise and helpful. It is recommended that a medical care ought to give great room conditions to work with the patients. A few estimates like room moistness, level of all gases like CO, and CO2 can decide the nature of room climate. The poisonous gases and certain degrees of mugginess are exceptionally hurtful to patients. For ideal solace, the room mugginess ought to be somewhere in the range of 30 and 65%. A few investigations are done distinctly for a brilliant home, not so much for devoted medical care.

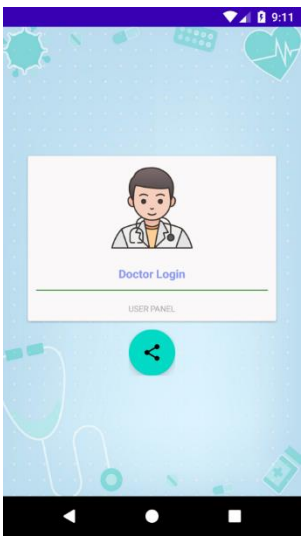
There are a few lethal infections like coronary illness, diabetes, bosom malignant growth, liver confusion, and so on in clinical area however the principle worry of our created framework is to screen the key indications of a wide range of patients and the patient's room climate. This paper proposes a modified medical services framework that screens the beat and internal heat level of patients as well as room mugginess, CO, and CO2 gas level of patient's room by means of sensors and communicates the information through Wi-Fi that empowers the clinical staffs to get information from the server. The created framework likewise gives an answer for the issue of keeping a solitary information base of patients in emergency clinics utilizing a web server, aside from the personalization of basic wellbeing related measures. In this framework, the gas sensor is utilized to distinguish an unforeseen event that stands out the exhibition from the limit and creates a PPM signal assuming the result esteem passes the boundary.

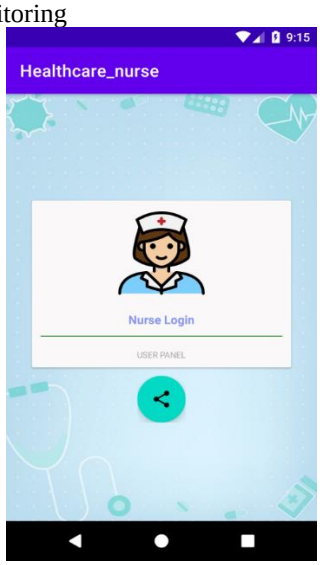
II. PROPOSED SYSTEM

There will be two android applications:

- Doctor’s application
- Nurse’s application

Both applications will interact with each other for proper patient monitoring





Login-logout System for both the application utilizing firebase(database).

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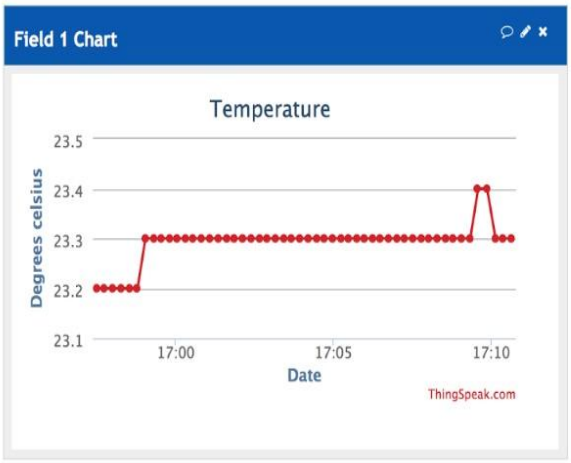
Specialist will make represent Nurse then, at that point, no one but medical attendant can login after enlistment by specialist. All the data like crisis and other patient data medical attendant can add by their application and specialist will be inform. Specialist can likewise actually take a look at the data and can take descion to again return to patient or not .to visit then, at that point, specialist additionally can advise to nurture. All the patient data will be followed by medical services pack and the all information will receive at Realtime with Iot Functionality.

III. METHODOLOGY

Wellbeing is portrayed as a full condition of physical, mental, and social prosperity and not simply an absence of ailment. Wellbeing is a principal component of individuals' requirement for a superior life. Tragically, the worldwide medical issue has made a problem due to specific elements, for example, chronic weakness benefits, the presence of huge holes among country and metropolitan regions, doctors, and attendants' inaccessibility during the hardest time.

IoT is making any items inside associated in the new ten years and it has been considered as the following innovative upset. Savvy wellbeing observing system, shrewd stopping, brilliant home, shrewd city, shrewd environment, modern destinations, and rural fields are a portion of the uses of IoT. The most incredibly colossal utilization of IoT is in medical services the executives which gives wellbeing and climate condition following offices.

Ceaseless web-based patient and patient's room condition observing is the fundamental thought of the proposed framework. Accordingly, the medical care checking framework uses the three-stage structural highlights, specifically (1) Sensor Module (2) Data Processing Module (3) Web User Interface.



The sensors are wired which are utilized to gather information from the patient's body and the climate by social occasion physiological signs. The gathered information are then handled through an ESP32 module and ship off the passage server. For the web UI, ThingSpeak is utilized for the graphical understanding, and show of gathered outcomes. ThingSpeak shows the current status and cycle of exchanges. The HTTP convention gives simple network to the correspondence between a Wi-Fi module and the web server. The HTML UI is refreshed each 15 s, permitting patients to be followed continuously.

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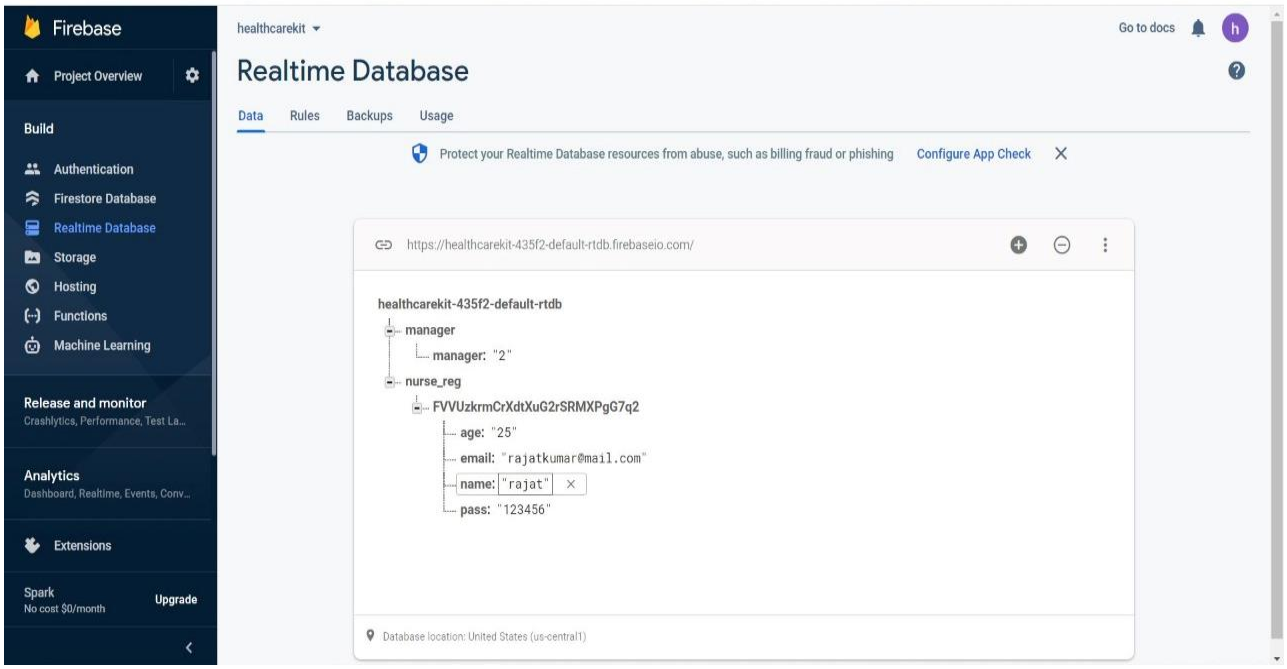


The general framework engineering of the created framework is outlined in Fig. 2. From Fig. 2, it tends to be seen that every one of the sensors are utilized to gather information from medical clinic climate. The sensors all are associated with a handling unit called ESP32. After connecting these (temperature, heartbeat, gas) sensors, ESP32 functions as a heart of the framework. ESP32 gathers sensor information and afterward remotely moves them to IoT sites. The board utilizes its Wi-Fi and its own handling unit, which is Xtensa double center 32-digit LX6 chip. The sensor yield is then connected to the site of IoT.

IV. WORKING & ARCHITECTURE

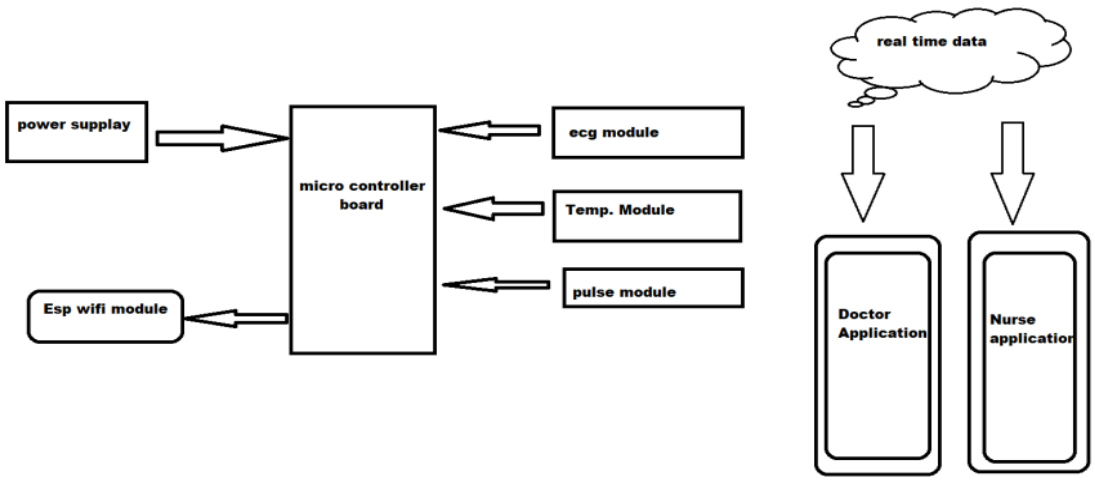
The writing overview is a dynamic advance to comprehend the work centered by number of scientists. The work is displayed in the accompanying as Almotiri et.al.,

Proposed android based m-wellbeing checking framework for gathering the gadget data with empowering of web. This gadget is helpful in the clinical conclusion for understanding the past wellbeing report. Barger et.al.,

Proposed a brilliant office in the house for following the developments of the patient. This framework is primarily evolved to get the standards of conduct of the patient. Dwivedi et.al.,

Proposed a structure to get the information handling to the electronic wellbeing record by consolidating public key framework, API, Biometric and shrewd card arrangements. Gupta et.al.,

Proposed a framework to accumulate the ECG information and alarm the family and family members on the foundations of the irregularity.



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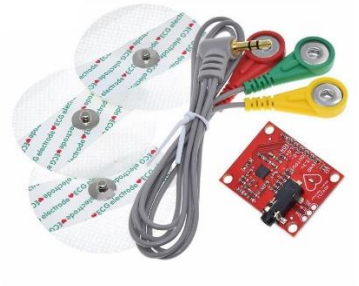
1. Arduino uno R3 : The Arduino Uno is an open-source microcontroller board in view of the Microchip ATmega328P microcontroller and created by Arduino.cc. The board is furnished with sets of advanced and simple info/yield (I/O) sticks that might be interacted to different extension sheets (safeguards) and different circuits.

2. DS18B20 Temperature Sensor: The advanced temperature sensor like DS18B20 follows single wire convention and it very well may be utilized to quantify temperature in the scope of - 67oF to +257oF or - 55oC to +125oC with +-5% precision. The scope of gotten information from the 1-wire can go from 9-piece to 12-cycle. Since, this sensor follows the single wire convention, and the controlling of this should be possible through a main pin of Microcontroller.

3. AD8232 sensor: The AD8232 SparkFun Single Lead Heart Rate Monitor is a savvy board used to gauge the electrical action of the heart. This electrical action can be outlined as an ECG or Electrocardiogram and result as a simple perusing.



4. Pulse sensor :A heartbeat wave is the adjustment of the volume of a vein that happens when the heart siphons blood, and a locator that screens this volume change is known as a heartbeat sensor.

5. DHT11 sensor: DHT11 Temperature and Humidity Sensor includes a temperature and mugginess sensor complex with an aligned computerized signal result. By utilizing the selective advanced signal-procurement method and temperature and stickiness detecting innovation, it guarantees high dependability and incredible long haul soundness.

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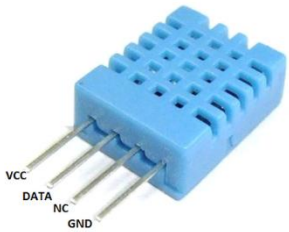

Temperature Monitoring:
Human internal heat level is a sign of the support of homeostasis and is a significant piece of numerous symptomatic cycles. Also, an adjustment of internal heat level can be an admonition sign in certain sicknesses like injury, sepsis, etc. Monitoring the adjustment of temperature over the long haul assists the specialists with making inductions about the patient's ailment in numerous sicknesses.

ECG Monitoring
Electrocardiogram (ECG) addresses the electrical movement of the heart because of the depolarization and repolarization of atria and ventricles. An ECG gives data about the essential rhythms of the heart muscles and goes about as a marker for different cardiovascular anomalies. These irregularities incorporate arrhythmia, delayed QT stretch, myocardial ischemia, and so forth The utilization of IoT innovation has observed possible application in the early recognition of heart anomalies through ECG checking. Various investigations in the past have utilized IoT in ECG checking

Oxygen Saturation Monitoring
Beat oximetry is the painless estimation of oxygen immersion and can be utilized as a fundamental boundary in medical services examination. The harmless technique disposes of the issues connected with the customary methodology and gives ongoing checking. The headway in the beat oximetry that comes from the combination of IoT-based innovation has shown possible application in the medical services industry.

Asthma Monitoring
Asthma is a persistent ailment that can influence the aviation routes and may cause trouble in relaxing. In asthma, the aviation routes shrivel because of the expanding of the air section. This follows numerous medical problems, for example, wheezing, hacking, chest agony, and windedness. There is no reasonable time for an asthma assault to come, and an inhaler or nebulizer is the main lifeline at that point. Consequently, there is a likely requirement for constant observing of this condition

V. CONCLUSION

The framework acquainted brilliant medical care with screen the fundamental significant indications of patients like pulse, internal heat level, and a few proportions of clinic room's condition, for example, room moistness, the degree of CO and CO2 gases. The pace of progress between the noticed information and genuine information is around more noteworthy than 95% for all instances of the created medical services framework. Valid clinical staff can view and track the information continuously despite the fact that the patients play out the tests outside of the clinic. The framework can likewise help attendants and specialists in circumstances of scourges or emergencies as crude clinical information can be broke down in a brief time frame. The created model is exceptionally easy to plan and utilize. The framework is extremely valuable on account of irresistible sickness like a novel (COVID-19) therapy. The created framework will further develop the current medical services framework that might safeguard bunches of lives from death.

Albeit the framework looks to some degree massive, it will be a little gadget by appropriate assembling soon. The video element can be added for up close and personal counsel between the specialists and patients. A few additional actions which are exceptionally important to decide a patient's condition like the degree of diabetes, breath observing, and so on can be tended to as future work.

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