



ORGANIC LIGHT EMITTING DIODES USED IN BIOMEDICAL FIELD

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Abstract: Organic light-emitting diodes (OLEDs) are commonly employed in contemporary TVs and smartphone screens as solid-state light sources based on amorphous organic semiconductors. OLEDs have drawn interest as light sources for small and "invisible" biomedical devices that utilise light to probe, image, alter, or treat biological matter because of the significant advancements in stability, efficiency, and brightness made during the past three decades. In this situation, OLEDs' inherent mechanical flexibility and compatibility with a wide range of substrates and geometries are particularly advantageous. Review of recent developments in the creation and utilisation of OLEDs for biomedical applications. These pose certain needs, which are outlined and contrasted with the state of the art, especially in terms of brightness.

I. INTRODUCTION

Organic light-emitting diodes (OLEDs) are a solid-state lighting innovation that is still in its infancy. OLED with an organic compound film that emits light in response to an electric current as the emissive electroluminescent layer. The organic light emitting diodes are utilised to build digital displays in electronics. OLED displays don't require a backlight to function, which enables them to display deep black levels and be more compact and lightweight than liquid crystal displays (LCDs). An OLED panel may attain a better contrast ratio than an LCD in dimly lit environments.

The majority of materials used in OLEDs nowadays have an amorphous shape and may be printed or processed using high vacuum thermal evaporation. They are incredibly appealing as light sources for the small and "imperceptible" biophotonic devices. The opportunities for integration of OLEDs are vast, be it in thin plasters that double as optical pulse oximeters or local triggers of a light-activated chemotherapy, as drivers of all-optical neuronal interfaces, or to provide the probe light for an ultracompact spectrometer that can run quantitative immunoassays in low resource settings. For high-quality and perhaps affordable displays in TVs, laptops, and mobile devices, OLEDs have been created. It has taken the industry several decades to get OLED-based products to the market, in large part because the π conjugated organic materials utilised are intrinsically vulnerable to water, oxygen, light, and current. used to locate people in public places, keep tabs on a patient's recuperation after surgery, or follow an athlete's movements to evaluate their performance.

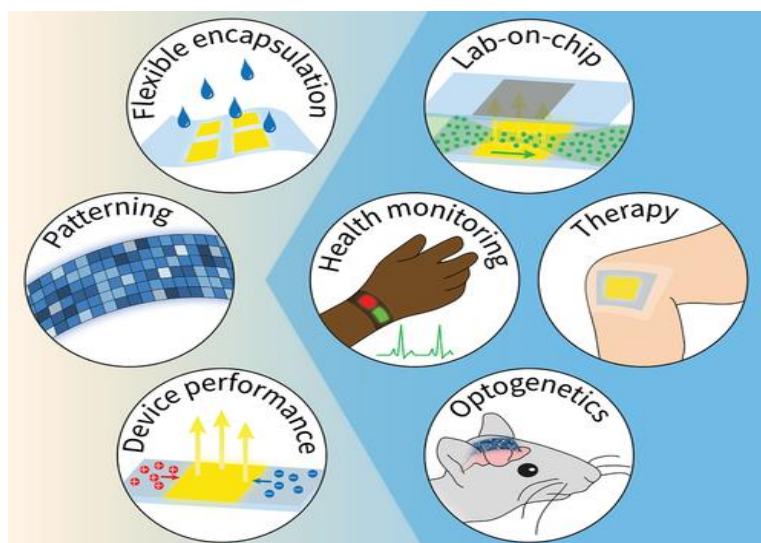


Fig 1: OLED Technology for Biomedicine



Fig 1 represented the Biomedical fields where OLED technology is poised to make a particularly significant impact, and key challenges associated with adopting OLED technology to these areas. In both basic science and medicine, the use of light to picture, examine, manipulate, treat, or even cut living things is becoming more and more common. Bulky lasers and optics are frequently used, but there is a rising desire for smaller, biocompatible (perhaps even transiently bioresorbable) devices that can, for instance, be implanted in animals or worn by patients. Such devices would enable continuous monitoring and treatment, light supply to previously dark areas, and would ultimately result in a more subtle type of bio photonics. OLEDs can be found on a wide range of substrates, including silicon chips with built-in photodetectors and the massive glass panels utilised by the display industry and fibres, mechanically flexible plastic sheets, and data processing.

II. OLED REQUIREMENTS FOR BIOMEDICAL

OLEDs must have particular device features for usage in biomedical applications, which provide more difficulties than those for regular display applications. OLEDs must have significant mechanical flexibility in order to be integrated into wearable or even implantable devices. At the same time, the devices must also have strong encapsulation to protect them from physiological conditions. Additionally, some applications need patterning into high-density m-scale pixels or miniaturisation. The required light intensity can range by several orders of magnitude: While implanted devices used for stimulating and monitoring cellular activity may need power densities up to 1 mW mm² or even greater, wearable devices frequently operate with light intensities considerably below the 100 W mm² range. However, low operating voltages are also necessary for sensing applications to achieve low power consumption and enable integration with standard driver electronics. For example, complementary metal oxide semiconductor (CMOS) integrated circuits (ICs), which are the industry standard in silicon electronics, frequently operate at 5 V. Sensing applications typically also benefit from reduced signal-to-noise at higher light intensities. So, for biomedical applications, steep current-voltage curves and high external quantum efficiencies are very advantageous. Application-specific spectral needs can extend across the entire visible spectrum and even into the infrared, including emission colours. Numerous applications, particularly those related to optical sensing, call for emission spectra that are narrower than those provided by traditional OLED emitter materials.

III TECHNOLOGIES

Over the past ten years, wearable sensors have advanced substantially. Many people now use activity trackers or smartwatches to record and monitor their health and fitness. While inorganic LEDs and photodiodes have traditionally been employed as the optical sensors in those devices, organic LEDs and photodiodes are now being investigated for wearable sensing in order to offer greater flexibility and miniaturisation and eventually attain "imperceptible" sensors.

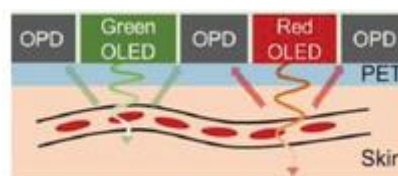


Fig 2: Pulse rate measured

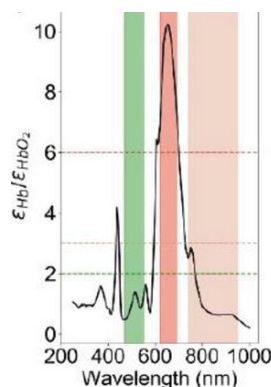


Fig 3: Measurement of Oxygen Saturation



The heart rate (pulse) and blood oxygen levels are crucial indicators of one's health. Both can be assessed optically by illuminating the skin and using a photodiode set to either transmission mode or reflection mode to detect either absorbed or reflected light, respectively.

Red light is preferred because it penetrates tissue more deeply. Photoplethysmography (PPG), which measures changes in blood vessel volume, is used to determine the pulse. The percentage of oxygenated haemoglobin (HbO₂), which exhibits distinct absorption in the red spectral region from deoxygenated haemoglobin (Hb), is measured by the saturation of peripheral oxygen (SpO₂). The oxygen saturation can be determined by shining red and either green or infrared light on the skin at two different wavelengths.

Since both sensing methods share the same measurement premise, PPG signals can also be captured with SpO₂-sensors.



Fig 4: Pulse Oximeter

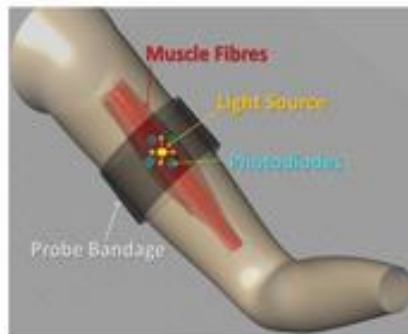


Fig 5: OLED used in sense muscle contractions

OLED-based pulse oximetry sensors have made tremendous strides in recent years. The first SpO₂-sensor for the quantitative analysis of oxygen saturation was created by Lochner et al. using rigid red and green polymer OLEDs along with a flexible PTB7:PC71BM polymer OPD.

With a 1% and 2% inaccuracy for pulse rate and oxygenation level, respectively, they obtained great accuracy when measuring PPG and SpO₂ at the fingertip in gearbox mode. A P3HT:PCBM OPD, red and green polymer OLEDs, and a substrate made of alternating parylene/SiON layers with a total thickness of only 3 μm make up the pulse oximeter. Pulse rate and SpO₂ were monitored in reflection mode with the devices laminated to the fingertip.

By Bansal et al., a method for recording tissue oxygenation was created. The application of an OLED-based optical sensor, especially to sense muscular contractions, is possible despite the sensor's single OLED and inability to quantitatively calculate HbO₂ concentration.

The detection principle takes advantage of the fact that the direction of the muscle fibre determines how much light is backscattered from skeletal muscle tissue. One may distinguish between isotonic and isometric muscle contractions, which is utilised to control a robotic arm, by putting a solution-processed yellow emitting OLED in the middle of four surrounding OPDs (detection at 610–700 nm).

As a result of the light's scattering and absorption in tissue, the signal is reduced (long wavelengths penetrate deeper into tissue), and spectral broadening results from the wavelength-dependent depth of penetration, with the strength of the broadening increasing with the OLED electroluminescence's increasing spectral width.



Additionally, OLEDs can be employed as a source of therapeutic light, which holds great promise for outpatient care. For point-of-care medical therapy, patch-type flexible OLEDs that can be included into plasters and worn directly on the skin show potential. Prior research focused on two key applications: photodynamic treatment (PDT) and photo biomodulation (PBM).

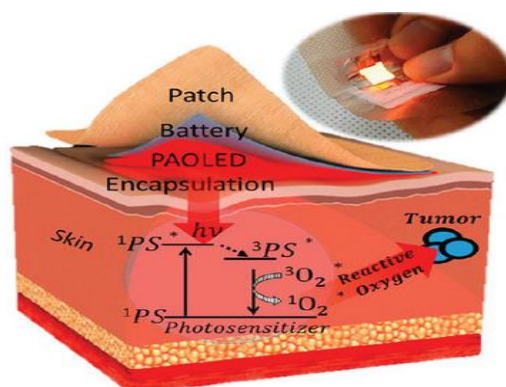


Fig 6: OLED patches can be attached to the skin to treat cancer.

The photosensitizer is a substance with high intersystem crossing (ISC) rates to the triplet state and significant absorption. When the photosensitizer is excited, triplet excitons engage with the tissue's molecular oxygen to elevate it from its triplet ground state into the singlet state. Since the produced free radicals and singlet oxygen species are cytotoxic, they kill adjacent cells or microorganisms. Interestingly, the fundamentals used to design emitter materials that harvest triplet excitons in OLEDs also apply to the creation of photosensitizers because a high ISC rate is necessary for the effective synthesis of singlet oxygen. New photosensitizers based on phosphorescent and TADF emitters were created as a result.

PDT depends on high power light sources such as LEDs and lasers to provide light to the targeted region. The activation wavelength of most photosensitizers lies in the red wavelength regime, between 600 and 750 nm. Red light is preferred due to its enhanced penetration through the skin, with key requirement being that the wavelength is below 800 nm to provide enough energy to excite singlet oxygen. Traditionally, in PDT light is supplied with a power density (fluence rate) of roughly 1 mW mm^{-2} and dosages of around $50\text{--}100 \text{ J cm}^{-2}$. However, there is evidence that light delivery at lower powers is less painful. In order to acquire the same dosage at lower power, lengthier treatment is necessary, which renders light sources that can be worn over several hours particularly attractive.

Wearable red OLED delivering 0.05 mW mm^{-2} at a peak wavelength of 620 nm to treat nonmelanoma skin cancer.

IV. WORKING PRINCIPLE

One of the most significant obstacles to OLED research is OLEDs. Since "dark" triplet states, which require a spin flip to become luminescent, make up three-quarters of the excited states in OLEDs, there has been a lot of interest in creating new light-emitting materials based on phosphorescence or thermally activated delayed fluorescence (TADF). Even though high EQE is unquestionably an important factor in device optimisation, it is less relevant for biomedical applications, which instead call for high absolute light intensities, low power consumption, and little device heating.

There are six distinct layers in an OLED. On the top and bottom there are layers of protective glass or plastic. The top layer is termed the seal and the bottom layer the substrate. In between those layers, there's a negative terminal (sometimes called the cathode) and a positive terminal (called the anode). The red, green, and blue pixels are organized side by side; in others, the pixels are stacked on top of one another so you have more pixels crammed into each square centimeter/inch of display and better resolution.

The gadget power result might be accomplished by expanding the light outcoupling proficiency, e.g., through fuse of inner or outside dispersing structures, the connection of optical components, utilizing materials with low refractive file, and producers with evenly situated change dipole minutes, as evaluated in refs. Be that as it may, cumbersome optical components are incongruent with adaptable substrates and the utilization of dispersing designs will diminish the goal of micropatterned gadgets, so outcoupling structures should be chosen by the designated biomedical application.



V. ADVANTAGES

- They are more brilliant and need no backdrop illumination, so they consume significantly less energy than LCDs that converts into longer battery duration in versatile gadgets.
- OLEDs answer up to multiple times quicker. They produce more genuine tones (and a genuine dark) through a lot greater review point.
- Reaction in time and more secure for climate.
- Light weight and adaptable plastic substrates.
- High splendor and difference.

VI. CONCLUSION

OLEDs have different specific features that render them profoundly relevant for biological applications. The inherent mechanical adaptability of natural semiconductors is noteworthy in this context. While developing strong and solid adaptable OLEDs continues challenging, this opportunity produces OLEDs definitely ideal for applications that involve near communication of the gadget to skin or tissue, or the reconciliation of the OLED with one more gadget of complicated form. OLEDs overcome issues with framework reconciliation and assembly for a more widespread adoption of OLEDs. Today, the fabrication of silicon ICs and less significantly likewise of coordinated photonics happens for the most part in claimed foundries, i.e., enormous semiconductor creation factories. Production of OLED-based products takes place in highly specialized facilities, including big display factories, a number of considerably smaller pilot production lines, and research labs. Given the advanced degree of maturity that OLEDs have now attained, it will be fascinating to see if the industry decides to implement any standard OLED stacks as a common foundry procedure.

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