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# EFFICIENT REAL-TIME SKIN DISEASE DETECTION USING YOLOv8

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**Abstract:** Skin diseases represent a significant health challenge worldwide, impacting individuals across all age groups and demographics. For effective treatment and management of these conditions, timely and accurate diagnosis is essential. However, diagnosing skin diseases can be complex and time-consuming, often necessitating specialized expertise from dermatologists or other healthcare professionals. In recent years, advancements in computer science and artificial intelligence have transformed various sectors, including healthcare. Specifically in dermatology, automated methods have emerged for detecting and diagnosing skin diseases through visual data, such as images.

#### I. INTROUDCTION

Skin diseases are a significant public health concern, with millions of individuals affected globally. Conditions such as acne, chickenpox, and ringworm are common, yet their diagnosis can be challenging due to the variability in symptoms and presentations. Traditional diagnostic methods rely heavily on visual examination by trained dermatologists, which can be both time-consuming and subjective. Moreover, access to specialist care is often limited in rural or underserved areas, leading to delays in diagnosis and treatment.

In recent years, advancements in computer vision and machine learning have revolutionized various fields, including healthcare. These technologies offer the potential to automate the detection and diagnosis of skin diseases, thereby improving accessibility and reducing the burden on healthcare systems. Among the numerous deep learning models developed for image recognition tasks, the YOLO (You Only Look Once) architecture stands out for its efficiency and accuracy in real-time object detection. YOLOv8 and YOLOv5, the latest iterations of this architecture, have been optimized for better performance in detecting multiple objects within an image, making them ideal for the task of identifying various skin diseases.

The primary motivation for focusing on facial skin diseases lies in the prevalence of these conditions and the ease of capturing facial images. The face is a common site for dermatological conditions, and analyzing facial images allows for a non-invasive and accessible approach to screening. This is particularly relevant in the context of telemedicine and remote healthcare, where physical examinations may not be feasible. An automated system that can accurately identify skin diseases from facial images could significantly enhance early diagnosis and treatment, leading to better patient outcomes.

#### **Problem Statement**

Skin diseases, although typically non-life-threatening, can considerably diminish an individual's quality of life. Conditions such as acne, chickenpox, and ringworm not only cause physical discomfort but also contribute to psychological distress and social stigma. Traditional methods of diagnosis often require specialized expertise and can be time-consuming, frequently necessitating multiple visits to dermatologists. In many regions, especially in rural areas, access to such specialized care is limited, resulting in delays in both diagnosis and treatment.

## II. LITERATURE SURVEY

1. T. Goswami et al. (2020) provided a comprehensive survey on skin disease classification from image data, highlighting the challenges of dataset creation, feature extraction, and classification. The study emphasized the need for diverse and well-annotated datasets to train effective models, as well as the importance of using performance metrics like accuracy, precision, recall, and F1-score to evaluate model efficacy.



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- 2. Dr. Tarun Parashar and Kapil Joshi (2022) explored the use of deep learning for skin disease detection, focusing on the development of sophisticated architectures tailored for classifying skin lesions. Their work underscored the importance of large and diverse datasets in achieving robust model performance and demonstrated that deep learning approaches could outperform traditional methods in terms of accuracy and efficiency.
- 3. Haoran Wang and Kun Yu proposed a skin disease segmentation method based on network feature aggregation and edge-enhanced attention mechanisms. Their research focused on accurately delineating skin lesions in medical images, showcasing the importance of multi-scale contextual information and attention mechanisms in improving segmentation accuracy.
- 4. A.V. Ubale and P.L. Paikrao explored the detection and classification of skin diseases using different color phase models. They investigated the efficacy of various color spaces, such as RGB, HSV, and YCbCr, in capturing discriminative features for skin disease detection, highlighting the potential of color-based features in enhancing classification accuracy.
- 5. P. Dwivedi et al. (2021) utilized Fast R-CNN for automated skin disease detection, demonstrating the framework's capability to localize and classify skin lesions with high accuracy and efficiency. The study highlighted the advantages of using object detection frameworks in medical imaging, particularly in terms of speed and accuracy.

## III. METHODOLOGY

#### **Background study & Information Gathering**

The diagnosis of skin diseases predominantly relies on the visual inspection conducted by dermatologists, a method that can be subjective and time-intensive. Although there are some available computer-aided diagnosis systems, they often lack accuracy or necessitate considerable manual intervention. Current neural network algorithms designed for skin disease detection may not specifically focus on facial skin conditions or employ the latest architectural advancements.

Dermatologists typically use dreamscapes for magnification during their visual inspections of skin conditions to aid in disease diagnosis. This approach significantly depends on the expertise and experience of the healthcare professional. To ensure accurate diagnosis, a skin biopsy may be conducted, followed by a histopathological examination under a microscope. This diagnostic procedure is both time-consuming and invasive.

# **Proposed Methodology**

The methodology involved several critical stages, starting with data collection and pre-processing. A diverse dataset of facial images containing instances of skin diseases such as acne, chickenpox, and ringworm was sourced from Roboflow. The images were annotated with bounding boxes indicating the locations of skin lesions, providing the ground truth data needed for training the models.

Pre-processing steps included resizing the images to a uniform resolution suitable for the YOLO models and applying data augmentation techniques, such as rotation, flipping, and brightness adjustment, to enhance the robustness of the model. These steps ensured that the models could generalize well across different lighting conditions and skin tones.

The YOLOv8 and YOLOv5 architectures were selected for their efficiency and real-time performance capabilities. Both models were initialized with pre-trained weights from the COCO dataset, a common practice in transfer learning that helps leverage pre-existing knowledge. The models were then fine-tuned on the annotated dataset, optimizing hyper parameters such as learning rate, batch size, and the number of epochs.

Training involved dividing the dataset into training, validation, and test sets to ensure a comprehensive evaluation of the model's performance. Techniques like early stopping and learning rate scheduling were employed to prevent over fitting and improve convergence.

The trained models were evaluated using metrics such as precision, recall, F1-score, and mean Average Precision (mAP). These metrics provided a detailed assessment of the model's ability to correctly identify and classify skin diseases. Additionally, a confusion matrix was used to analyse the model's performance across different classes, helping identify any biases or areas for improvement.



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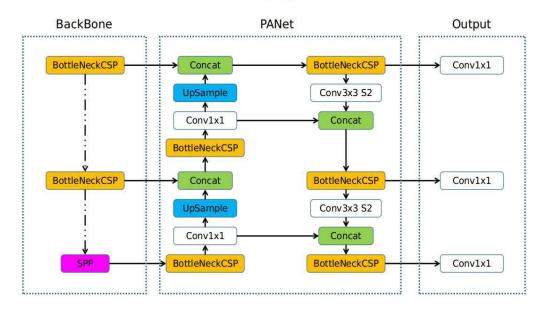
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## Algorithm:

# Overview of YOLOv5



#### You Only Look Once(YOLO):

You Only Look Once (YOLO) is a state-of-the-art object detection algorithm known for its speed and accuracy. YOLO approaches object detection as a single regression problem, directly predicting bounding boxes and class probabilities for multiple objects in a single pass through the neural network. Here's a detailed overview of YOLO:

## **Single Shot Detection:**

YOLO is a single-shot detection algorithm, meaning it predicts bounding boxes and class probabilities for all objects in an image simultaneously, in a single forward pass of the neural network. This approach contrasts with traditional object detection methods that use region proposal networks (RPNs) to generate region proposals and then classify and refine these proposals in multiple stages.

## **Unified Architecture:**

YOLO employs a unified neural network architecture that simultaneously predicts bounding box coordinates and class probabilities. The network divides the input image into a grid of cells and predicts bounding boxes relative to each grid cell, along with associated confidence scores and class probabilities.

# **Grid Cell Prediction:**

Each grid cell is responsible for predicting bounding boxes for objects whose center falls within that cell. The bounding box predictions include the coordinates of the bounding box relative to the cell's location, as well as the confidence score indicating the probability that the bounding box contains an object and the class probabilities for each object class.

# **Feature Extraction Backbone:**

YOLO typically employs a convolutional neural network (CNN) as a feature extraction backbone, such as Darknet, which consists of multiple convolutional and pooling layers for feature extraction. The feature maps generated by the backbone network are then used for object detection at multiple scales.

# **Loss Function:**

YOLO uses a custom loss function that combines localization loss, confidence loss, and classification loss. The localization loss penalizes errors in bounding box coordinates, the confidence loss penalizes incorrect confidence predictions, and the classification loss penalizes errors in class predictions.

#### **Post-Processing:**

After the neural network predicts bounding boxes and class probabilities, a post-processing step called non-maximum suppression (NMS) is applied to remove redundant bounding boxes and retain only the most confident detections.



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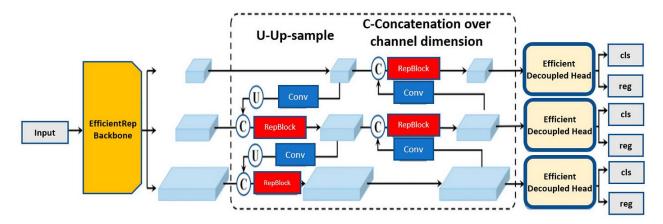
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## **Versions of YOLO:**

YOLO has undergone several iterations, with each version introducing improvements in terms of speed, accuracy, and network architecture. Some popular versions of YOLO include YOLOv1, YOLOv2 (also known as YOLO9000), YOLOv3, and the latest iteration, YOLOv4, YOLOv5, YOLOv8.



## Yolo workflow:

The working of YOLO (You Only Look Once) involves several key components, including bounding box prediction, confidence estimation, and class prediction. Let's break down the working of YOLO along with the corresponding formulas:

## **Bounding Box Prediction:**

YOLO predicts bounding boxes for objects by dividing the input image into a grid of cells. Each cell is responsible for predicting bounding boxes for objects whose centre falls within that cell. The bounding box prediction includes the coordinates (x, y, width, height) of the bounding box relative to the cell's location.

## **Confidence Estimation:**

YOLO predicts a confidence score for each bounding box, indicating the probability that the bounding box contains an object. The confidence score is a measure of the network's confidence in both the presence of an object and the accuracy of the bounding box coordinates.

## **Class Prediction:**

YOLO predicts class probabilities for each bounding box to determine the class of the detected object. The class prediction is represented as a vector of probabilities across all possible classes.

# **Non-Maximum Suppression (NMS):**

After predicting bounding boxes, confidence scores, and class probabilities, YOLO applies non-maximum suppression to remove redundant and overlapping bounding boxes, retaining only the most confident detections.

#### **Result and Discussion:**

The results of the YOLOv8 and YOLOv5 models demonstrated varying levels of accuracy in detecting and classifying skin diseases. The YOLOv8 model achieved an accuracy of 70%, while the YOLOv5 model achieved an accuracy of 60%. These results indicate that while both models are effective, there is room for improvement, particularly in fine-tuning the models for specific skin disease characteristics.

The precision, recall, and F1-score metrics provided a more nuanced view of the models' performance. The YOLOv8 model showed a higher precision, indicating fewer false positives, whereas the YOLOv5 model exhibited better recall, suggesting a higher true positive rate. The confusion matrices for both models highlighted certain challenges, such as the model's difficulty in distinguishing between similar skin conditions or dealing with variations in image quality.

The data augmentation techniques used during training contributed significantly to the models' ability to generalize across different image conditions. However, the class imbalance in the dataset posed a challenge, as some conditions were underrepresented, leading to less accurate predictions for those classes. This issue could be addressed in future work by collecting more balanced datasets or employing advanced data augmentation techniques.



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The implementation of transfer learning proved beneficial, allowing the models to leverage pre-existing knowledge and reducing the amount of training data required. However, the choice of initial weights and the extent of fine-tuning needed careful consideration to avoid overfitting and ensure that the models adapted well to the specific task of skin disease detection.

#### IV. CONCLUSION

The study demonstrated the potential of these models in providing accurate and efficient diagnostic support, particularly in settings where access to dermatological expertise is limited. The results indicated that while the models achieved commendable accuracy, further improvements are possible through more diverse datasets, advanced data augmentation techniques, and fine-tuning of the models.

Future work could focus on expanding the range of detectable skin diseases, improving model accuracy through enhanced training techniques, and integrating the system into telemedicine platforms. Additionally, exploring the use of other advanced deep learning models and techniques, such as ensemble learning or semi-supervised learning, could further enhance the system's robustness and reliability.

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